GOAL SETTING WORKSHOP

The Goal Revelation



Butwait... Let's look Back

... Let's look into the Future

What do you want to happen in 1 years?	What do you want to happen in 1 years?
What was your Dream when you were 20?	What do you want to happen in 5 years?
What was your Dream when you were 30?	What do you want to happen in 10 years?
Which Dreams are still relevant?	Which Dreams would still qualify as Life







fe-Long?

$GOAL \not= 1$

WHY DO YOU WANT TO ACHIEVE THIS GOAL?

SMART Goals

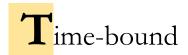
Specific

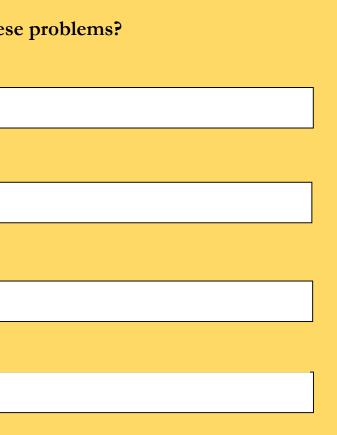




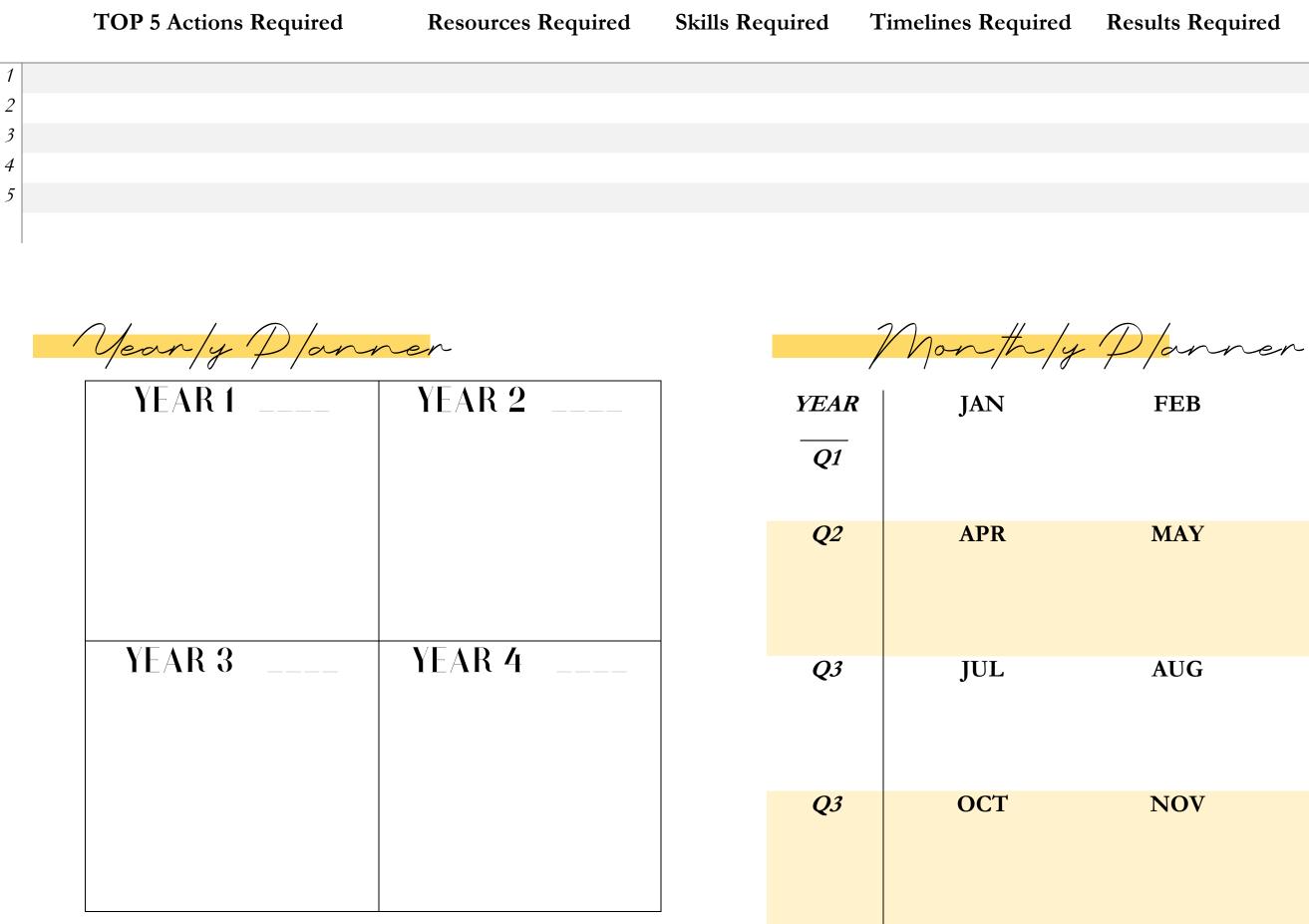


What are the Road Block/ Challenges you face when pursuing your Goals?	What could be the possible solutions to the
Challenge #1	Solution #1
Add your Challenges here	Add your Solutions here
Challenges #2	Solution #2
Add your Challenges here	Add your Solutions here
Challenges #3	Solution #3
Add your Challenges here	Add your Solutions here
Challenges #4	Solution #4
Add your Challenges here	Add your Solutions here





BREAKING MACRO GOALS TO MICRO GOALS



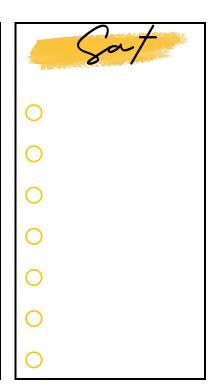
Results Required Milestone Required FEB MAR MAY JUN AUG SEP DEC NOV

Neek y Planner BABE

Sun	Mon	Tue	Wed	Thu	
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0	0	0	0	0	0
0	0	0	0	0	0
0	0	0	0	0	0
0	0	0	0	0	0
0	0	0	0	0	0
0	0	0	0	0	0

GOALS OF THE WEEK	TASKS THAT WILL BE DELEGATED	TO WHC





<u>NOTES</u>

YOUR CIRCLE OF SUPPORT

Who do you need for support, in order to fulfil your goal?

Tasks	Name	Relationship	Duties	Assigned
To help with daily chores				
To help financially				
To share responsibilities				
For other support:				
For Motivational for Pep-talk				
Accountability Buddy				

Call and Assign them NOW! Announce Your Goals to: ...Your Family ...Your FriendsYour Community ...THE WORLD!

